

Job Description.

Healthy Living Advisor

c17,000 - £19,000pa

Deafblind Scotland is at the cutting edge of work with dual sensory impaired adults and work to reduce the isolation experienced by adults who have lost or are losing their sight and hearing.

Purpose of job

To provide information, advice and support to deafblind people, their families, carers and professionals working with them on how they might pursue a healthy lifestyle. To evaluate the project.

Principle duties and responsibilities

The Healthy Living Advisor in the Greater Glasgow NHS Board area will:

- Promote the project to the leisure and fitness industry
- Devise tailor-made healthy living and fitness programmes for deafblind individuals.
- Collate, devise, design and develop literature on health information to suit a wide range of communication needs.
- Encourage the implementation and maintenance of these programmes and offer practical support to enable this to happen.
- Arrange training on aspects of healthy living to support staff, guide/communicators, leisure and fitness centre staff etc
- Develop and distribute accessible information about the project.
- Maintain a resource base of information for staff.
- Monitor the appropriateness of lifestyles changes and adapt where necessary.
- Prepare reports.

Person Specification

A health promotion qualification or similar

A minimum of 1 years experience in health work

A minimum of 1 years experience in disability work
Information technology skills and good written and verbal skills.
A willingness to learn in an open environment
An ability to share skills and motivate others, and work collaboratively
An enabling and respectful approach to families, clients and staff
British Sign Language skills and a clean driving licence would be advantageous.